# HOME Away FROM HOME

Even when we can't age at home, taking that feeling of home with us to a new forever home could mean the best of both worlds.

Consider these ways to take home with you from Home Instead<sup>®</sup> Gerontologist and Caregiver Advocate Lakelyn Hogan; Dan Bawden, founder of the Certified Aging in Place Specialists (CAPS) program for the National Association of Home Builders; and Danise Levine, architect and assistant director of the IDeA Center at Buffalo University.



# Collect the best family photos.

Add the names of the people on the photo with a label gun. Put up a bulletin board in their new place with all the names and photos of the family so they have a family connection board.



# Schedule regular visits with families and their pets.

Don't under estimate the value of visits. It could be the highlight of a senior's year! Bringing along a favorite family pet can add even more joy to the visit.



### Get help to move.

Hiring professionals can be advantageous. For example, the National Association of Senior Move Managers nasmm.org assists families with this process.



#### Personalize your space.

Take furniture and items that mean the most with you. The option to personalize a space provides comfort.



### Recreate the appearance of home.

Set up favorite pieces of furniture in a similar way from your old home, including the way the pictures are hung on the wall.



### Create a photo album of the old home before you move.

Photograph every room of the house along with the back and front yard. Add pictures of the house during each season and holidays where people are celebrating.

To find out how Home Instead could help wherever you call home, visit **HomeYourOwnWay.com**.

